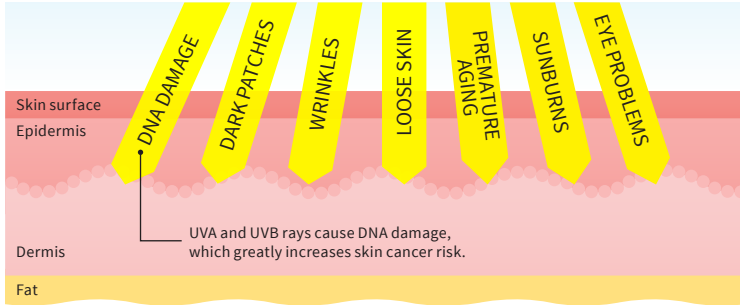




# Preventing Skin Cancer

Skin cancer is the most common of all cancer types. More than 5 million skin cancers are diagnosed each year in the United States. That's more than all other cancers combined. Skin cancer rates have been on the rise over the past few decades. The good news is that you can do a lot to protect yourself and your family from skin cancer.

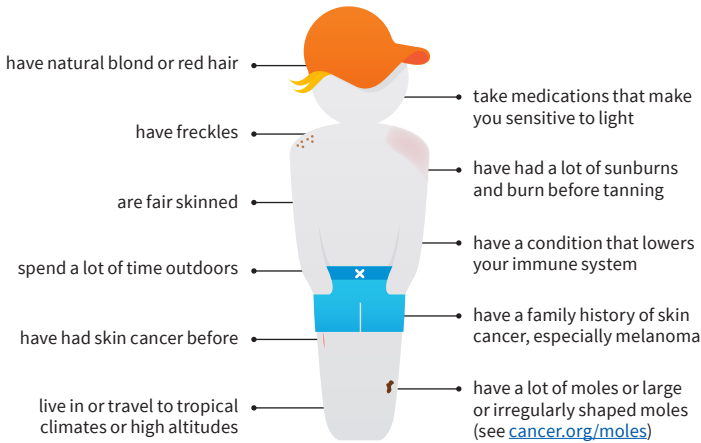
## UV RAYS FROM THE SUN CAUSE DNA DAMAGE, LEADING TO SKIN CANCER AND AGING



DON'T USE TANNING BEDS OR LAMPS



## ANYONE CAN GET SKIN CANCER, BUT BE EXTRA CAREFUL IF YOU ...



## USE SUNSCREEN



## PROTECT YOUR SKIN YEAR-ROUND

UV rays are around all the time, no matter what the season.



## COVER UP THE KIDS, TOO

Kids burn more easily. And babies younger than 6 months old should be kept out of direct sunlight.



## Together, we can change the course of cancer.

The American Cancer Society is a leading cancer-fighting organization with a vision of ending cancer as we know it, for everyone.

Learn More // [cancer.org/skincancer](http://cancer.org/skincancer)  
 Stay Protected // [cancer.org/sunsafety](http://cancer.org/sunsafety)  
 Detect Early // [cancer.org/skincancerimages](http://cancer.org/skincancerimages)  
 Donate // [cancer.org/donate](http://cancer.org/donate)